## CLUBS AT PHJS

BY RITHIEKAA AND SMRITI (YEAR 6)



### SOME OF THE CLUBS WE OFFER HERE...

- Netball
- Football
- Cricket
- Basketball
- Performing arts
- Grub club
- Gardening club

- Gymnastics
- Knitting
- Chess
- Choir
- Coding
- Fitness
- AND MANY MORE...

### WHY SHOULD YOU JOIN A CLUB HERE?

- It can keep you active which is good for your health.
- You can spend time with your friends and also make new friends in different classes and year groups as well as learning how to work in a team!
- You can improve skills that you already enjoy.
- It also allows you to develop new hobbies and skills you didn't know before!
- You will increase your confidence.
- THEY ARE FUN!

#### THE 5 R'S

- Respectful you have to learn to work with others and respect their opinions.
- Resourceful you will use different skills, techniques and thinking in different clubs that you
  might not use in the classroom.
- Relationships you will meet lots of new friends and be able to learn to work with many new people.
- Resilient winning is not always an option! Taking part in clubs will help you learn to lose nicely and not sulk when you don't get your own way!
- Reflective you can learn from other people's experiences in different situations to help you.

# BEFCORE...

## THREE WEEKS LATER...

### YEAR 6'S VIEWS...

## WHAT TO DO NOW IF YOU WANT TO JOIN A CLUB:

- Look out for letters in your registers with lots of exciting details – the spaces go quite quickly so you must get your parents to sign them as soon as possible!
- Ask your teachers for any ideas and if there is a club you haven't got a letter for, they can tell you which adult to go and speak to about joining!

