PARK HILL JUNIOR SCHOOL	SUMMER MENU WEEK 1 15/04/24, 06/05/24, 03/06/24 24/06/24, 15/07/24	MONDAY	TUESDAY	ROAST WEDNESDAY	THURSDAY	FISH FRIDAY
<section-header>ALLERGEN KEPWe are committed to the safety of our pupils. If your child has any allergies or food intolerances, please see the Allergen information guide below. If you need any further advice, please speak to a member of our experienced Catering Team.G - GLUTENM - MILKS - SOYAMU - MUSTARDSS - SESAMEE - EGGF - FISHC - CRUSTACEANSMS - MOLLUSCSC - CELERYL - LUPINSU - SULPHITESO - ALLERGEN FREEM - NUTSO - ALLERGEN FREEC - CRUSTACEANSKo - SULPHITESA - NUTSO - ALLERGEN FREEC - DEANUTSCarbon Footprint Grading with 'A'Leigt supplier to help ourIn-House catering team createfreshly prepared dishes every day.Each bis we prepare has aCarbon Footprint Grading with 'A'Leigt low Carbon to 'E' beingLow Freshly negared bishes every day.Each bis we gregate has aCarbon Footprint Grading with 'A'Low Garbon to 'E' beingLow Carbon to 'E' beingLow Carbo</section-header>	MAIN MEAT	 BBQ Chicken Pizza (G,M) 	 Minced Lamb Biryani (0) 	 Roast Chicken with Mixed Herbs (0) 	 Moroccan Minced Lamb Tagine (0) 	 Fish Fingers (G,F)
	MAIN MEAT FREE	Cheese & Tomato Pizza (G,M)	Asian Noodle Stir Fry (G,E)	Veg Sausage in a Yorkshire Pudding with Onion Gravy (G,M,S,E)	Roasted Vegetable Lasagne (G,M)	Vegetable Sausage Roll (G,M,MU)
	SIDES Salad Bar Avaílable Every Day	Potato Wedges (O)	Salad Bar (O)	Roast Potatoes Cabbage & Carrots & Gravy (O)	Rice and Salad Bar (O)	Chips Peas or Beans (O)
	OVEN ROASTED JACKET POTATOES	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	GLUTEN FREE OPTION AVAILABLE ON REQUEST
	PUDDING Yoghurt (M) and Fresh Fruit (O) Available Every Day Puddings with custard (M)	Old School Cake (G,E)	Apple Crumble (G)	Fruit Platter (O)	Lemon Drizzle Slice (<mark>G,E</mark>)	Vanilla Ice Cream Pot (M)

PARK HILL JUNIOR SCHOOL	SUMMER MENU WEEK 2 22/04/24, 13/05/24 10/06/24, 01/07/24	MONDAY	TUESDAY	ROAST WEDNESDAY	THURSDAY	FISH FRIDAY
<section-header></section-header>	MAIN MEAT	• Chicken Dhansak Ourry (0)	• Lamb Lasagne (G,M)	 Roast Chicken with Lemon Thyme (0) 	 Braised Chicken & Beef Sausages with Onion Gravy (G,S,SU) 	• Fish Fingers (G,F)
	MAIN MEAT FREE	Sweet Potato, Chickpea & Spinach Curry (0)	Vegan Spaghetti Bolognese (G)	Vegetable Wellington (G)	Vegan Sausages in Onion Gravy (S)	Vegetable & Bean Burrito (G)
	SIDES Salad Bar Available Every Day	Rice & Broccoli (O)	Salad Bar (O)	Roast Potatoes Sweetcorn, Carrots & Gravy (O)	Mashed Potatoes (<mark>SU</mark>) and Peas (O)	Chips Peas or Beans (O)
	OVEN ROASTED JACKET POTATOES	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	GLUTEN FREE OPTION AVAILABLE ON REQUEST
	PUDDING Yoghurt (M) and Fresh Fruit (O) Available Every Day Puddings with custard (M)	Homemade Flapjack (G)	Carrot Cake (G,E)	Fruit Platter (O)	Marble Cake (G,E)	Strawberry Ice Cream Pot (M)

PARK HILL JUNIOR SCHOOL	SUMMER MENU WEEK 3 29/04/24, 20/05/24 17/06/24, 08/07/24	MONDAY	TUESDAY	ROAST WEDNESDAY	THURSDAY	FISH FRIDAY
<section-header></section-header>	MAIN MEAT	 Chicken Burger in a Bun (G,E,S) 	• Lamb Chilli Con Carne	 Roast BBQ Chicken (0) 	 Chicken Chow Mein (G,E,S) 	• Fish Fingers (G,F)
	MAIN MEAT FREE	Spicy Veggie Bean Burger (^G)	Roasted Vegetable Lasagne (G,M)	Pasta in a Tomato & Basil Sauce (G)	Mac & Cheese (<mark>G,M,MU</mark>)	Cheese, Tomato and Spinach Pinwheel (G,M)
	SIDES Salad Bar Avaílable Every Day	Potato Wedges, Peas & Sweetcorn (O)	Rice & Salad Bar (O)	Roast Potatoes Broccoli, Carrots & Gravy (O)	Sweetcorn (O)	Chips Peas or Beans (O)
	OVEN ROASTED JACKET POTATOES	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	Available daily with a choice of: Cheese (M), Beans (O) or Tuna (F,E)	GLUTEN FREE OPTION AVAILABLE ON REQUEST
	PUDDING Yoghurt (M) and Fresh Fruit (O) Available Every Day Puddings with custard (M)	Banana Bread (G,E)	Apple & Peach Crumble (G)	Fruit Platter (O)	Vanilla Shortbread (G)	Vanilla & Strawberry Swirl (M)